

FONDATION AQUARIUM FOUNDATION
Fondation psychanalytique pour le bien-être des enfants et des jeunes adultes
Psychoanalytic Foundation for the Well-Being of Children and Young Adults

The only psychoanalytic foundation in Canada devoted to children and adolescents!!!

THE PHILANTHROPIC REPORT No. 5 - JULY 2021 EDITION

Psychoanalysis Grants up to \$5000/year are now available!!

Who still remembers the world we were in before March 2020? We are not only talking about unmasked social life, physical contact, in person meetings and travelling. We're also referring to who *we were as people* prior to the pandemic. What happened to the Global Unrest that was preoccupying our minds and questioning the future of our children and grandchildren?

There is no question that the pandemic has put into the test our extraordinary ability to adapt to new realities and has highlighted the resilience of most of us. On the other hand, the suffering of many children and youth has increased in frequency and magnitude. They present with symptoms of anxiety, depression, eating disorder, self-mutilation and identity confusion. The practice of psychotherapists everywhere is saturated.

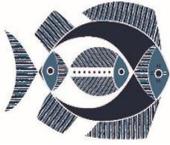
But something else also happened, which is totally human and yet a bit paradoxical: Whereas confinement has liberated time and has limited the expenses that were previously devoted to leisure or travelling activities, the associated psychological recoil contingent to survival has made some people *less* generous of their time and money. Somehow, they are less available and less inclined to take risks, while others stood-out of the crowd.

Whereas philanthropy has suffered throughout, Aquarium has done well.

Thanks to the devotion of few and the generosity of our donors, we are pleased to say that the Aquarium Foundation continues to grow and to advance toward its mission.

First Grant awarded!

As promised, the Aquarium Foundation was able to successfully launch its Grant program. We all know that psychoanalytic treatment is lengthy and expensive. Our first Grant was awarded to a member of the *Société psychanalytique de Montréal* (SPM). The process of the Grant's evaluation as defined by the Grant Committee Internal Rules, respected the strict confidentiality of the patients and families, ensured a blind anonymous evaluation, respected the therapist-patient clinical space in addition of securing every legal and ethical aspect of Grant awards. We are immensely grateful to our



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Administrative Director, Mena Iacofano, who made it happen. The priority for grant awards is presently given to the CPS community.

If you are a member, candidate, guest or fellow of any component society/institute of the CPS/CIP and wish to submit a request or inquire about our Grant Program, please contact Mena Iacofano at minocean9@gmail.com.

We extend our sincerest gratitude again to Francine Cyr and Oscar Grossman for their tireless work on the Grant Committee.

The Annual General Membership Meeting (AGM)

You are all invited to join the

Third Annual General Membership meeting

Place: ZOOM (link will follow)

Date: September 22nd, 2021

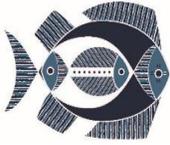
Time: 7:30 PM

A membership contribution of \$20 (with charitable tax receipt) will significantly help Aquarium in its many projects. The benevolent work of the executive and the Board members can now be counted in the thousands of hours, but some expenses are inevitable like corporate insurance, bookkeeping and accounting. Besides, we hope to expand our Grant Program and we have many other projects. Your contribution does make a difference for us. Becoming a member will allow you to vote on the governance of AF, sit on various committees, participate in the way you wish or simply state your support. All that is required to become a member is to contact AF or a member on the Board.

Did you visit our Website lately?

As mentioned in our previous newsletters, the AF website transmits the hope and optimism that children compel us to. Thanks to Jennifer Errunza, Mercedes Muhlegg and others, you will find updated information about AF, about the Covid-19 and other subjects of interest. Given how stressed and overworked everybody is, the upkeep of the Website is simply a miracle of generosity. If you wish to contribute with an article or any other forms of media, please contact us.

You can safely [donate online](#) and receive an immediate receipt for tax purposes. Alternatively, you can send a cheque addressed to Aquarium Foundation at the address below.



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Aquarium at work

Besides our Grant Program, AF continues to provide regular consultation to therapists working with special communities and who have been our partners from the beginning (ex. the Atikamekw community of Manawan and the Hasidic communities). We also provide supervision/consultation to psychotherapists in the general community. The psychoanalytic peer support and consultation groups to interested therapists working with children and youth is on our agenda for the fall of 2021. Since mid-March, there have been four publications, one formal presentation and three articles written in the public media in both languages reflecting on the impact of the Pandemic on children and our role as child therapists and analysts.

Change of Address

We are pleased to announce that the Aquarium Foundation is now hosted by the Canadian Psychoanalytic Society (CPS). While remaining two separate legal entities, our permanent address is now that of the CPS. This is a privilege and an honour for Aquarium.

We wish to thank Mena Iacofano and the Executive of the CPS for their unceasing support.

We recruit....

Let's resist Global Cocooning!

We recruit psychotherapists, analysts and candidates who wish to be part of a PRN (peer resource network). These are small peer consultation/study groups, with or without a senior analyst, to exchange about their cases and keep up with the literature.

We recruit senior analysts who have experience and interest in Child and Youth analysis to lead organised PRN. *Aquarium Foundation is happy to fund group leaders* at the current rate for supervision.

We recruit individuals willing to participate in the various committees or governance of AF

And of course, we recruit donors....

Thank you for joining us and for your support.

The Executive Committee,

Mounir Samy, President

Lila Amirali, Vice-President

Jennifer Errunza, Vice-president Communication

Cindy Finn, Secretary

Mena Iacofano, Administrative Director