

Fondation psychanalytique pour le bien-être des enfants et des jeunes adultes Psychoanalytic Foundation for the Well-Being of Children and Young Adults

The only psychoanalytic foundation in Canada devoted to children and adolescents!!!

THE PHILANTHROPIC REPORT NO. 6- MAY 2022 EDITION

A day conference with Dominique Scarfone and Jonathan Lear

A day conference spring 2023

The Aquarium Foundation and the Canadian Group of Psychoanalysts for Children and Adolescents (CGPCA) are planning a day conference with Dominique Scarfone and Jonathan Lear

Mark your calendars for March 4th, 2023

These two internationally known authors are invited reflect and dialogue about psychoanalysis in the world and its future.

We will keep you posted about the details.

We are not yet finished with the Pandemic of Covid-19 that the world is shaken by a war in Europe while the threats of climate change and armed conflicts in many other places in the world are going on. The activities of Aquarium stand as a sort of resistance in the face of the many threats, but also challenges, affecting the essence of our humanity.

Thanks to the devotion of few and the generosity of our donors, we are pleased to say that the Aquarium Foundation continues to grow and to advance toward its mission

<u>A UN declaration of an international day for the preservation of human's</u> <u>natural intelligence: An Aquarium's Initiative</u>

Following our suggestion, *The UN-IPA subcommittee has accepted to proceed with this remarkable idea*. Following the appointment of Mounir Samy by the IPA board as consultant to the Community Field Committee of the IPA, contact was established with the members of the UN-IPA group.



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This project has been part of the stated mission of the Aquarium Foundation since its inception in 2018. « Aquarium» refers to both the family as the aquarium of the child as well as one's own ability to relate imaginatively with one's own inner world.

In agreement with many observers from various disciplines, we are witnessing a desertion of the inner world. Thinkers wonder if mankind still needs its Natural Intelligence; and if yes, why? Human conscious awareness is in danger in a world of polarized positions, horizontal thinking, over-stimulation, and robotization of individuals.

UN international days are often devoted to the preservation of what needs to be protected. What is more important than the preservation of the essence of what keeps us human in the world today?

Our New Aquarium Peer Resource Network Program (A-PRN)

The A-PRN program was successfully launched in January 2022. A group of 7 professionals met bi-weekly for 8 peer supervision sessions facilitated by a senior analyst. There are two other groups in project, one of them concerns professionals working with First Nation Communities.

The *A*-PRN gives the opportunity for a small group of professionals to meet on a regular basis (ex. Monthly or bimonthly) to share their clinical experience and discuss the scientific literature relevant to their practice with a senior colleague affiliated to the Canadian Psychoanalytic Society. Psychotherapists often work in isolation. Through group support, consultation and supervision the *A*-PRN aim the personal and professional development of its members as well as their needs for continuing education. Group activities are eligible for CE credits. Group members decide on the governance of their group (ex. frequency of meetings and specific meeting agenda). Group members are asked to contribute financially in the form of a tax-deductible payment to AF. We keep the fee to a strict minimum. Supervisors are compensated for their time unless, as stipulated by our bylaws, they are a member of the Board of administration.

If you and any of your colleagues are interested to join one of the *A*-PRN groups, wish to form a separate one or have any question about the AF *A*-PRN program, please do not hesitate to get in touch with us.

Our Grant Program

The Grant Program, launched a year ago is accepting applications. We all know the insufficiencies of the public mental health system in providing help within reasonable time and the high cost of psychodynamic psychotherapy. Once again, the process of the Grant's evaluation as defined by the Grant Committee Internal Rules, respects the strict confidentiality of the patients and families, ensures a blind anonymous evaluation, respects the therapist-patient clinical space and



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secures every legal and ethical aspect of the Grant Program. The priority for grant awards is presently given to the CPS community.

If you are a member, candidate, guest or fellow of any component society/institute of the CPS/CIP and wish to submit a request or inquire about our Grant Program, please contact Mena Iaciofano at <u>minocean9@gmail.com</u>.

Our gratitude goes to the members of the Grant committee: Francine Cyr, Oscar Grossman, Jennifer Errunza and most specially our dedicated administrative director, Mena Iaciofano.

Did you visit our Website lately?

The *first* thing people do after I speak to them about AF is to check our website. The *second* thing they do, is congratulate us for its excellence. This has actually been the case for the members of the IPA community field and UN. the AF website transmits the hope and optimism that children compel us to. We are happy to post articles or events of other groups. If you wish to contribute with an article or any other forms of media, please contact us. Our thanks go to Jennifer Errunza, Mercedes Muhlegg and others for their endless devotion and generosity.

You can safely <u>donate online</u> and receive an immediate receipt for tax purposes. Alternatively, you can send a cheque addressed to Aquarium Foundation at the address below

The Annual General Membership Meeting (AGM)

You are all invited to join. Non members are welcome but will have no voting rights. If you wish to join AF, please contact Mena Iaciofano.

This time we hope to gather and celebrate like we did at our inaugural meeting with selected wine and cheese.

Fourth Annual General Membership meeting

Place: The CPS. 7000, Côte-des-Neiges, Montreal, Qc. H3S 2C1 (To be confirmed) Date: September 21st, 2022 Time: 7:30 PM

A membership contribution of \$20 (with charitable tax receipt) will significantly help Aquarium in its many projects. Becoming a member will allow you to vote on the governance of AF, sit on various committees, participate in the way you wish or simply state your support. All that is required to become a member is to contact AF or a member on the Board.

Thank you for joining us and for your support.



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The Executive Committee,

Mounir Samy, President Lila Amirali, Vice-President Jennifer Errunza, Vice-president Communication Cindy Finn, Secretary Mena Iaciofano, Administrative Director



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<u>Aquarium at work</u>

Besides our Grant Program, AF continues to provide regular consultation to therapists working with special communities and who have been our partners from the beginning (ex. the Atikamekw community of Manawan and the Hasidic communities). We also provide supervision/consultation to psychotherapists in the general community. The psychoanalytic peer support and consultation groups to interested therapists working with children and youth is on our agenda for the fall of 2021. Since mid-March, there have been four publications, one formal presentation and three articles written in the public media in both languages reflecting on the impact of the Pandemic on children and our role as child therapists and analysts.

Change of Address

We are pleased to announce that the Aquarium Foundation is now hosted by the Canadian Psychoanalytic Society (CPS). While remaining two separate legal entities, our permanent address is now that of the CPS. This is a privilege and an honour for Aquarium.

We wish to thank Mena Iaciofano and the Executive of the CPS for their unceasing support.

We recruit....

Let's resist Global Cocooning!

We recruit psychotherapists, analysts and candidates who wish to be part of a PRN (peer resource network). These are small peer consultation/study groups, with or without a senior analyst, to exchange about their cases and keep up with the literature.

We recruit senior analysts who have experience and interest in Child and Youth analysis to lead organised PRN. *Aquarium Foundation is happy to fund group leaders* at the current rate for supervision.

We recruit individuals willing to participate in the various committees or governance of AF

And of course, we recruit donors....

Thank you for joining us and for your support.

The Executive Committee,

Mounir Samy, President Lila Amirali, Vice-President Jennifer Errunza, Vice-president Communication Cindy Finn, Secretary Mena Iaciofano, Administrative Director